

# Weekly Notices



## 4th Sunday of Epiphany

(Septuagesima)

Sunday 28th January 2024

-Sung Eucharist 10am

Rev'd Emma Durose

### Collect:

*God our creator,*

who in the beginning commanded the light to shine out of darkness: we pray that the light of the glorious gospel of Christ may dispel the darkness of ignorance and unbelief, shine into the hearts of all your people, and reveal the knowledge of your glory in the face of Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

### A reading from the Book of Deuteronomy

The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet.

This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: "If I hear the voice of the LORD my God any more, or ever again see this great fire, I will die."

Then the LORD replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command.

Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable.

But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak--that prophet shall die."

### A reading from the First epistle of Paul to the Corinthians

Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up.

Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one."

Indeed, even though there may be so-called gods in heaven or on earth--as in fact there are many gods and many lords -- yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled.

"Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do.

But take care that this liberty of yours does not somehow become a stumbling block to the weak.

For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols?

So by your knowledge those weak believers for whom Christ died are destroyed.

But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ.

Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

### The Gospel of Mark

They went to Capernaum; and when the sabbath came, he entered the synagogue and taught.

They were astounded at his teaching, for he taught them as one having authority, and not as the scribes.

Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God."

But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him.

They were all amazed, and they kept on asking one another, "What is this? A new teaching--with authority! He commands even the unclean spirits, and they obey him."

At once his fame began to spread throughout the surrounding region of Galilee.

### Post Communion Prayer:

*Generous Lord,*  
in word and eucharist we have proclaimed the mystery of your love: help us so to live out our days that we may be signs of your wonders in the world; through Jesus Christ our Saviour. **Amen**

## Weekly Worship

**Mid-week Communion Service  
Tuesday at 10:15am.**

[www.stgluvias.org.uk](http://www.stgluvias.org.uk)

Should you have pastoral needs or require the assistance of a priest please email:

[priest@stgluvias.org.uk](mailto:priest@stgluvias.org.uk)

or

**Telephone the Rev'd Emma  
on 07854719655**

Alternatively, please email  
**Mr Richard Hopper, Churchwarden:**  
[richardhopper@btinternet.com](mailto:richardhopper@btinternet.com)

## **Giving:**

If you have a smart phone please scan this QR code to make a donation to support our Work & Mission in Penryn.



## Weekly Notices

### 100 Club Membership - 2024

If you have not already paid, you are kindly reminded that your membership is due by the end of January - £25.

### New members welcome

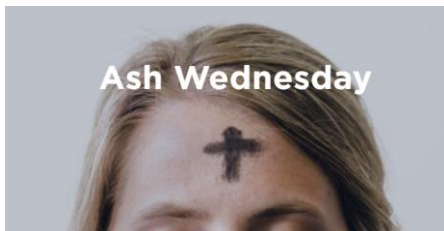
Please see Susan Bond if you have any questions.

### Learning to read Biblical Hebrew



A free weekly course for absolute beginners in Carnmarth South Deanery  
**Monday evenings**  
**7.30 – 9pm**  
**(term-time from 19 Feb).**  
Fairwinds, Falmouth  
**Contact Dave Wheeler**  
[dave@davewheeler.co](mailto:dave@davewheeler.co)

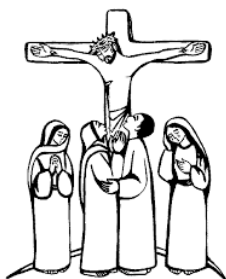
### Ash Wednesday



**14 February, 12:15pm**  
**Holy Communion with**  
**Imposition of Ashes.**

## Stations of the Cross

- Saturday 17 February
  - Saturday 2 March
  - Saturday 16 March
  - Saturday 30 March
- 10:30am**



## Weekly Prayer Intentions:

### Mission and Ministry of this Parish:

For those living and working in Penryn and surrounding villages. For the parish of St. Gluvias and a growth in our congregation.

For the homeless in our parish and throughout the country. For those that rely on the support of the Foodbank.

### For the World:

We pray for victims of terrorism the world over; for all affected by atrocities around the world and for persecuted Christians.

*We pray for the people of Ukraine and the people of Russia; for their countries and their leaders.*

*We call upon you to show mercy to the people Israel and Palestine and protect them.*

*We pray for leaders on the world stage; that they are inspired by the wisdom and courage of Christ.*

We continue to pray for all people fleeing violence and oppression. For all exploited by people smugglers and for refugees across the world.

For those affected by natural disasters around the world. Help us to value the environment so that we can all work to reverse climate change and global warming.

### In the Diocese cycle of prayer:

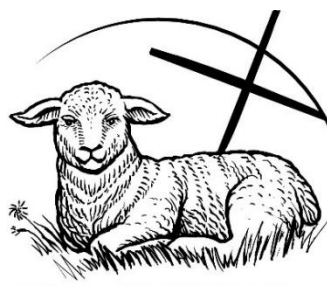
#### PEOPLE SERVING ON THEIR PCC'S

Holy God, You call your people to various and wonderful ministries; To preach in far off peril, to stir our hearts in song. Give grace to those you call to serve your PCCs, Our wardens, treasurers and secretaries, That we may know that by our faithful filings, Our diligent agendas, and spreading sheets of numbers, We too proclaim your love and are heralds of your kingdom. In Jesus' name, Amen.

*Prayer by Simon Cade*

### Anglican Communion:

4th Sunday of Epiphany (Septuagesima)  
The Anglican Church of Southern Africa



## Prayers for the Fourth Sunday in Epiphany

Let us pray to God, our only defence and refuge against evil.

Grant to the Church the voice of prophecy, to proclaim your word and lead the world into the way of truth... Give power to those who preach, that they may be confident in the name of Christ by whose authority they speak.

Let your call come to the rulers of nations and leaders of peoples throughout the world, so that they may know the true power is from your alone... Bless those who work to make your word known in all lands.

Grant that we may have wisdom and the opportunity to peak of our faith to others... Make us instruments of your peace to our families and friends, our neighbours and those with whom we work... Give new light to those who do not know you.

Have mercy on those who are in the power of evil... Heal and restore all whose minds have been disturbed through occult practices... Draw back into the way of truth those who are slipping into dangerous paths.

We remember in our prayers those suffering in mind, body or spirit, especially:

**Joan Wood, Maria Strachan, Claire Coombes, Jackie Dare, Pat Rogers, Lilian Hosking, Alys Pilkington, Joan Whitford and young Lilly.**

We pray for any who have died tormented in mind and spirit... Grant them in death the peace and purity that they lost in this world and make them wholly yours for ever.

We remember especially:

**Catherine Pope (29<sup>th</sup>), Donald Davis (30<sup>th</sup>), Bernard Andrew (31<sup>st</sup>), Pearce Rogers, Mary Ormerod (2<sup>nd</sup> February).**

That we may be cleansed from our sins and freed from all harm, we pray through Christ our Lord. **Amen.**